



# Meezan School

## October 2016 Newsletter

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### Fall is Here!

One month of school is already complete and students are working hard! We are excited for many new activities starting at Meezan School. Read on for more details.

As the weather cools down, please remember to send your children with warm clothing and proper outdoor shoes so they can play outside. Also please send a separate pair of indoor shoes, as shoes must be worn at all times.

Please remember to check the school website at [www.meezanschool.com](http://www.meezanschool.com). The website contains important information and policies and is updated regularly to keep you informed about what is happening around the school.

### Hot Lunches

This year, Hot Lunches will be supplied by The Lunch Lady. If you wish to purchase a fresh hot meal for your child/ren please fill out the Menu order forms which were sent home with your child. Lunches will be available on October 5<sup>th</sup> and 26<sup>th</sup> this month. Payment can be made online or with cash.

### Immunizations & Dental Screening

Public Health will be visiting the school in October. Grades 7 & 8 will be receiving immunizations on October 5<sup>th</sup>. Kindergarten & Gr2 will have dental screenings on October 6<sup>th</sup>.

### Build Character, Build Success

Meezan School has introduced a new program known as Build Character, Build Success! Students will learn about the "superpowers" they have and how to improve their character.



### Upcoming Events

#### October 5

Immunization Gr 7&8  
Hot Lunch Day

#### October 6

Dental Screening Gr K&2

#### October 12

K-2 Pumpkin Patch Trip

#### October 26

Hot Lunch Day

#### October 31

School Assembly

Our new superhero teaches about the importance of respect. Quazar helped students to understand that RESPECT means treating a person nicely, thinking about their feelings and being helpful. We learned more about RESPECT through an example – one student promised their best friend they would play soccer with them at recess. But when the time came, they'd forgotten about their friend and went to play something else without even telling them. Showing RESPECT means taking into consideration the other person's feelings which meant making sure they had someone to play with too. The great thing about RESPECT is that giving it is also a great way to get it! The teachers will also help explain what RESPECT means. We hope you have time to do the same, and we appreciate all your efforts as we move forward to BUILD CHARACTER and BUILD SUCCESS for your child's future.

Check out the next page for what students had to say about different superpowers and what builds good character!

### **Extracurricular Activities**

At Meezan, we would like to encourage our teachers and students to engage in activities outside of regular classroom learning. Extracurricular activities encourage students to explore new hobbies, find new talents and be creative. Extracurriculars will take place during nutrition breaks. Ms. Burnett will be starting a Social Justice Group, to help students get active in the community. Mr. Abdool will be starting a computer club! Keep watch for more exciting activities and information.

### **Library**

We are very proud to announce the grand opening of our very own Library at Meezan School! Ms. Cathy has been hard at work organizing our newest space so that students can begin borrowing books to take home and read! Books can be signed out for one week at a time. Please help your child to remember to return books on time to avoid overdue fines.

### **School Schedule**

Please remember school will begin at **8:30 am** and end at **3:40 pm**. **Please have students at school by 8:20 am so that they have time to settle into classes before 8:30 start time.** The students will have two 40-minute nutrition breaks at 10:30 am and 1:10 pm. It is important that students have healthy and nutritious snack and a lunch for these two breaks to ensure students can do their best learning. Please remember that Friday is a full school day for all students

## **In the Community**

### **Jumaa Prayers**

Jumaa Prayers will be held Two times for your convenience.

Iqama times will be posted at

[www.msoufg.org](http://www.msoufg.org)

### **Muslim Society of Guelph**

Please check [www.msoufg.org](http://www.msoufg.org) for event announcements.

## Parking and Drop Off

Starting this fall, we are asking that parents/guardians drop-off their children by using the drop off lane by the school doors. Starting at 8:15 am parents can drop their children by the school doors, where students can walk into school. For kindergartens we ask that parents park at the back of the school and walk their children into school. After school, at 3:40 pm, we ask that parents wait by their cars or in the covered area in front of the school doors for their children. We are asking, however, that kindergarten students continue to be met by their parents inside the school itself.

## Attendance

Attendance and Punctuality are key to every student's success. If your child will be late to school or will be absent, please phone the school at **519-265-0306** and leave a voicemail. In order to ensure the safe arrival of your child it is important that you inform the school. In the event that the office does not receive a message, phone calls will be made to confirm the whereabouts of each student.

## School Uniform

School uniform are an important and mandatory part of Meezan School. Uniforms help create an atmosphere for inclusive learning and discipline. Important changes have also been made to the Uniform Policy. Visit [www.meezanschool.com/dresscode](http://www.meezanschool.com/dresscode) for more information. Please note that indoor shoes are a **mandatory** part of the uniform. Children not wearing a uniform will not be allowed to attend class.

## Monthly Calendar

Each newsletter will be followed by a monthly calendar with school wide events and reminders. Please keep a copy handy to stay up-to-date on events. All newsletters will be posted monthly on the website, [www.meezanschool.com](http://www.meezanschool.com). If you wish to receive a paper copy, please inform your child's teacher so that one can be sent home for you.

## Volunteers

Volunteers are an important part of the Meezan School community, lending a helping hand with tasks around the school. Volunteers are needed to supervise children during break times and before and after school as well as assist teachers throughout the day. If you are interested in volunteering please contact the office or visit the website at [www.meezanschool.com](http://www.meezanschool.com)

# School Core Values

By Grades 6 to 8

**Respect** is treating other people how they want to be treated and making them satisfied. For example if your mom tells you to do chores you do it because she's your elder and you should respect your elders. Another example is if someone is doing a presentation, you listen and don't interrupt them because you want to be respectful to them. Respect is important because it is one of the many characteristics you want in life and it is what you want people to know you for. If you didn't have respect then people would not want you to work for them because the customers/clients deserve respect. When you be disrespectful to someone like calling them names, embarrassing them or physically bullying them, that's a way of being disrespectful. When someone bullies another person about how they act and you compliment them that will change their mood and make them happier. In conclusion don't just be respectful to your elders, parents or famous people be respectful to everyone no matter if they are younger than you or older you should always be respectful and treat everyone equally!  
By: Fariid, Shoaib and Adam

**Integrity** means honesty and striving to be a good person. It's important because we are muslims and we are always honest and not giving up and show respect. Also being a good person. By Warsame

The meaning of **compassion** is to care about others, and to respect them. It also means to feel how they feel, to treat them well and make themselves feel good. For instance, a person failed his or her test. It's your job to make them feel happy and encourage them to do better next time. Also, let's say you're a bystander and you see someone getting bullied. Your job is to tell the bully to stop and walk away with the person. But if you walked away without helping the person then you are being uncompassionate. That is all we know about compassion. By: Aly and Unsur

**Respect** is a feeling of admiration or paying attention to another person's beliefs. The latin origin of the word respect also means to look back so the word respect doesn't actually pack a lot of means it means looking at another person's beliefs so we should respect others and should be respected by others to prove our humane identity among all other creates present on this earth  
By Zaya

Think about **inclusivity**, how the world would be without inclusivism, awful right. Well, I'm here to tell you what inclusivity means, how to demonstrate it and why it's important. What does inclusivity mean? Inclusivity means to be inclusive to disabled people or people who are aggressive with other people. There are a few ways to demonstrate inclusivity, for instance inviting people to your house, asking neighbours or friends to play games with you. You can also try to be friends with people no matter how they look or if they don't have what you have and lastly, always try to be a good participant. The importance of inclusivity is so everybody can communicate in a good way because people will see that you have a good personality. That's why you and I should always be inclusive with each other and if we weren't than everyone would treat everybody differently.

Thank you.

By: Esmahan Abdella, Fiza Fiqizida and Furoozan Sheerzai

Have you ever wondered what **creativity** means? Well, being creative means being unique, different and following your own creative style. Creativity is important, think about it. Being creative is not just being physically able to draw, but it's also being able to express your creative side, mentally and spiritually. To demonstrate it, you can draw, dance or write a story and much more. By our own personal experience, we have shown creativity by writing a play in a different language. We have also shown creativity by drawing a 3D bedroom in art class and much more. Here's another question you're probably thinking, how will creativity help us in life? Well, if you're creative, you would be able to act, do karate, be an artist, build houses or do anything your heart desires. But the most important thing is to use your imagination and think outside the box. I hope you know know why creativity is important in our lives.

Thank you. By Sober Abdella, Rokaya Gamel